

X-Treme Tumbling and Trampoline  
911 East Brinton St. Ellsworth, IA 50075

**REGISTRATION FORM please include registration fee of \$25.00 (recreational) \$50.00  
(competition team)**

**GUARDIAN'S INFORMATION: New Students (former students name and updated info only)**

Parent or Guardian #1 First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Parent or Guardian #2 First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Billing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Primary Phone #: \_\_\_\_\_ Home Work Cell Secondary Phone #: \_\_\_\_\_ Home Work Cell  
Parent or Guardian Email Address: \_\_\_\_\_  
Emergency Contact- First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Phone #: \_\_\_\_\_ Home, Work, Cell

**STUDENT INFORMATION/Class Choice:**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
DOB: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Grade 2018-2019: \_\_\_\_\_ Gender: M / F School: \_\_\_\_\_  
**CLASS CODE(S):** \_\_\_\_\_ (can be found on schedule page)

**Child's Medical History**

Medical Needs: \_\_\_\_\_  
Preferred Hospital: \_\_\_\_\_ Do you have Health and Accident Insurance? \_\_\_ Yes \_\_\_ No  
Physician's Name: \_\_\_\_\_ Physician's Phone: \_\_\_\_\_  
Has Student **EVER** Had: (Give Dates and Circumstances)  
Any injuries requiring medical attention? \_\_\_\_\_  
Any neck or head injuries? \_\_\_\_\_  
Any convulsions or seizures? \_\_\_\_\_  
Has the student **EVER** been admitted to the hospital with injuries or surgery? Yes or No  
If yes, what? \_\_\_\_\_  
Is your child taking any medications? \_\_\_\_\_  
Does your child have any allergies? \_\_\_\_\_  
Does your child have a medical problem that may limit their performance in class? Yes or No  
If yes, what? \_\_\_\_\_  
Does your child have any other mental or physical handicaps? \_\_\_\_\_  
**Parent/Guardian's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**X-Treme Tumbling and Trampoline Waiver and Release Form**

The sport of gymnastics, tumbling, trampoline, and dance involve certain inherent risks. I fully understand and appreciate the risks, including the risk of catastrophic injury, paralysis, and even death, as well as other damages and losses associated with participation in club activities and events. I further agree that X-Treme Tumbling and Trampoline and the sponsor of any X-Treme Tumbling and Trampoline event, along with the employees, agent, officers, and directors of these organizations shall not be liable for any organizations or individuals identified above.

I also understand that it is the parents' responsibility to warn the children about the danger and all potential injury that may be a part of participation in all the activities at the club. The parents should warn the child according to what the parent feels is appropriate. X-Treme Tumbling and Trampoline will only warn the child through "safety messages" and our teaching style and progressions.

I affirm that I now have and will continue to provide proper hospitalization, health, and accident coverage which I consider adequate for both my child's protection and my own.

X-Treme Tumbling and Trampoline has my permission to render necessary standard first aid emergency treatment to my child while in attendance at the facility or any other off-site events. I hereby give my consent, in the event that I cannot be reached, for the X-Treme Tumbling and Trampoline staff to call our doctor and seek medical help, including transportation by an X-Treme Tumbling and Trampoline staff member and or its representatives, whether paid or volunteer, to any health care facility or hospital, or the calling of any ambulance for said child.

(AGREEMENT SUBJECT TO CHANGE WITHOUT NOTICE)

**I HAVE READ, UNDERSTAND, AND ACCEPT THE ABOVE CONDITIONS.**

**Parent or Guardian's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## XTREME BILLING AUTHORIZATION

I represent and warrant that if I am purchasing something from X-Treme Tumbling and Trampoline or from Merchants that (I) any credit or bank account draft (ACH Draft) information I supply is true and complete, (II) charges incurred by me will be honored by my credit card company or financial institution, and (III) I will pay the charges incurred by me at the posted prices, including any applicable taxes, fees, and penalties.

I hereby authorize (if in store payment is made or auto pay information is provided) X-Treme Tumbling and Trampoline to charge my bank, or credit card account. I understand that a 30 day written notice is required to terminate billing and **I am responsible for payment whether or not my student attends classes until I notify X-Treme Tumbling and Trampoline in writing to drop my student from classes.** Should I dispute a charge through my financial institution this will constitute a breach of contract possibly resulting in, but not limited to, penalties, additional fees, collection, legal action, and/or termination of any and/or all current and future services.

(AGREEMENT SUBJECT TO CHANGE WITHOUT NOTICE)

I have read, understand, and accept the above conditions.

Parent or Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### AUTHORIZATION AGREEMENT FOR PRE AUTHORIZED TRANSFERS ("AUTHORIZATION")

**CUSTOMER COMPLETES THIS SECTION ONLY IF PARTICIPATING IN AUTO PAYMENT PLAN**

I ("Customer") hereby authorize X-Treme Tumbling and Trampoline to initiate the debit and/or credit entries indicated below.

Transfer Amount: Monthly Balance

Transfer Type: ACH

Transfer from: Checking/Savings

Bank Name: \_\_\_\_\_ Routing Number: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Account Name: \_\_\_\_\_ Account Number: \_\_\_\_\_

Driver's License Number: \_\_\_\_\_ State: \_\_\_\_\_ DOB: \_\_\_\_\_

**PLEASE ATTACH A CHECK MARKED "VOID"**

**OR**

Credit Card Type: Visa/MasterCard CVV Number: \_\_\_\_\_

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Cardholders Name: \_\_\_\_\_

Billing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**This Authorization is to remain in full force and effect until X-Treme Tumbling and Trampoline has received written notification from Customer of its termination in such manner as to afford X-Treme Tumbling and Trampoline a reasonable opportunity to cancel the Authorization.**

**"CUSTOMER"**

Customer Printed Name: \_\_\_\_\_

Customer Phone Number: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# **X-Treme Tumbling and Trampoline**

## **Rules & Policies**

### **Proper Attire for Classes**

All students must wear the appropriate clothes for workout in order to provide them with a safe and happy learning environment. We need your help (parents) with this area to ensure each student can achieve a safe and effective workout. During the winter season additional layers may be worn.

### **Recreational and Competition Tumbling Classes:**

**Girls All Levels:** Leotard (any style or color), fitted shorts may be worn over the leotard, and clean socks and or trampoline shoes. Trampoline shoes may be purchased through X-Treme Tumbling and Trampoline. Please remember to label your gymnast's trampoline shoes.

**Boys All Levels:** Gym shorts, tee-shirt, and socks or trampoline shoes. Boys may also wear competition attire (step in and shorts) for class.

**All Gymnasts:** If your gymnast's hair is long enough to pull back or hangs in their face, we ask that you use hair ties to properly pull the hair back. Gymnasts that are doing rolls should have their hair in a low pony tail or pig tails to help them roll comfortably. No jewelry is to be worn during classes (stud earrings, if recently pierced, are acceptable. We are not responsible for any jewelry lost during class time).

### **Student Expectations and Behavior**

Students are expected to arrive for class on time, dressed appropriately. Street clothes will be placed in a designated area or locker. Please leave all valuables (jewelry, money, etc.) at home. X-Treme Tumbling and Trampoline is not responsible for lost or stolen articles.

Food and chewing gum are not permitted during class. Students are expected to observe the club's rules of safety, courtesy, and self-discipline at all times. Rude, obnoxious, and unsafe behavior will not be tolerated.

### **Parent Expectations**

We are happy to provide the parents with a seating area in view of most of the gymnastics area. Parents are allowed to observe classes but must refrain from coaching during class time. Please keep non-participating children off equipment and respect the coaches by being quiet in the observation area. Children not participating in class must sit with their parents during class time. Participating students must stay in class and cannot go to parents or visitors without permission. Please keep this in mind when deciding to visit class. Please make sure your child is properly dressed and on time for classes. Parents are responsible for checking email, white boards and information table at the gym for upcoming events and special activities.

### **Payment Guidelines**

When a student enrolls in our program, we consider him/her enrolled for the school year. Please give two weeks' written notice if discontinuing lessons or you will be charged for the following month of lessons. Customer shall be responsible for X-Treme Tumbling and Trampoline fees for any goods and classes until X-Treme Tumbling and Trampoline has received and acknowledged the receipt of a properly submitted email of notice.

**A non-refundable \$25.00 registration fee is due yearly for all recreational tumbling and trampoline classes.**

**A non-refundable \$50.00 registration fee is due yearly for all tumbling and trampoline competition team members.**

Monthly tuition payment is due the 1<sup>st</sup> of each month and no later than the 15<sup>th</sup> of the month. If tuition is not received by the 15<sup>th</sup> of the month, a late charge of \$10.00 will be charged to your account. **We do not mail out statements each month via post office unless requested for an additional \$2.00/statement.** If a payment is not received by the 15<sup>th</sup> of the month, students will not be allowed to participate in class until fees are paid.

Payments 75 days past due may be turned over to a collection agency. If for some reason you know you can't make a payment on time, please call the club and let us know so we can work with you to resolve any delinquent payment issues.

**Payments of any kind are non-refundable. You must pay the monthly tuition fee regardless of the number of classes in each month. A fee of \$25.00 will be charged to your account for any returned checks, e-check, ACH, credit or debit card refusal.**

### **Discounts**

A discount of 10% off each additional child after the first (full price) will be given on each month's tuition \*excludes registration fees\*

A discount of 10% will be awarded per family on each month's tuition for students traveling 40+ miles one way.

A discount of 25% will be awarded for each additional tumbling class after the first full price (per child). Discount applied to classes of equal or lesser value. Customer account disputes need to be reported within 10 days of the payment due date. Thirty days following payment all charges are final.

### **Cancellation of Classes**

X-Treme Tumbling and Trampoline reserves the right to cancel classes due to a class instructor's illness or due to severe weather conditions. X-Treme Tumbling and Trampoline frequently closes or cancels classes if local schools cancel their classes due to weather conditions or if we determine that driving conditions are unsafe for its instructors and customers. All class cancellations will be emailed to the provided email and posted to the X-Treme Tumbling and Trampoline Facebook page. X-Treme Tumbling and Trampoline may discontinue and cancel a class at any time for any reason. The registered students would be responsible for the tuition until but not beyond the cancellation date.

### **Important Dates and Breaks**

Thanksgiving – Wednesday, November 21<sup>st</sup> 2018 – Sunday, November 25<sup>th</sup>, 2018 – **No Classes**

Winter Break – Friday, December 21<sup>st</sup> 2018 – Tuesday, January 1<sup>st</sup> 2019 – **No Classes (exceptions for Competition TBD)**

Spring Break – March 18<sup>th</sup>-22<sup>nd</sup> 2019 – **No Classes (exceptions for Competition TBD)**

X-Treme Tumbling and Trampoline Host Meet STATE @ Ames High School – April 27<sup>th</sup> – 28<sup>th</sup> 2019

LAST WEEK of CLASSES – May 20<sup>th</sup>- 24<sup>th</sup> 2019

Dance Recital Date TBD

# X-Treme Tumbling and Trampoline

## 2018-2019 Class Schedule

X	Class Code	Class Name	Start	End	Day/Time	Age/Grade	Instructor	\$/Month
	REC7UTue	X-Treme Rec	9/4/2018	5/21/2019	Tuesday 5:30-6:30	K-2 <sup>nd</sup>	Kenzie, Peyton, Maggie	\$45
	REC8OTue	X-Treme Rec	9/4/2018	5/21/2019	Tuesday 6:30-7:30	3 <sup>rd</sup> and up	Kenzie, Peyton, Maggie	\$45
	REC45Wed	X-Treme Rec	9/5/2018	5/22/2019	Wednesday 5:00-5:45	4 & 5	Leah, Peyton +	\$40
	RECPCWed	Parent Tot Rec	9/5/2018	5/22/2019	Wednesday 5:45-6:15	1 & 2	Leah, Peyton +	\$35
	RECTT3Wed	Tumble Tots Rec	9/5/2018	5/22/2019	Wednesday 6:15-6:45	3	Leah, Peyton +	\$35
	REC7UR	X-Treme Rec	9/6/2018	5/23/2019	Thursday 5:00-6:00	Pre K – 2 <sup>nd</sup>	Kenzie, Leah +	\$45
	COMPAMon	Competition A	9/10/2018	5/20/2019	Monday 4:30-6:00	Beginner	Leah, Lori, Jess	\$60
	COMPBMon	Competition B	9/10/2018	5/20/2019	Monday 6:00-7:30	Nov/Int	Leah, Lori, +	\$60
	COMPBMR	Comp B Unlim	9/7/2018	5/23/2019	Monday 6:00-7:30 Thursday 6:00-9:00	Nov/Int	Leah/Lori +	\$110
	COMPCLR	Comp C Unlim	9/7/2018	5/23/2019	Monday 7:30-9:00 Thursday 6:00-9:00	Sub Adv/ Advanced	Leah/Lori +	\$110

\*\*Additional classes may be added based on interest.

### Class Descriptions:

**X-Treme Recreational Classes: (All ages)** Our recreational classes are great for promoting fun physical activity, balance and coordination, strength building, large and small motor skill development and making great new friends. All students will utilize trampolines, double-mini trampolines, elevated rod floors, tumble trak, balance beam, uneven bars, and numerous skill building shapes and wedges. Rewards and praise will be offered when skills are accomplished to encourage and promote self-esteem. Athletes are grouped to match level. Recreational classes are well rounded classes, introducing many safe ways to learn and develop tumbling and trampoline skills in a structured setting. We will schedule an informal spring show. This is not a rehearsed recital; it is an informal display of skills and technique that your child has learned throughout the year. Coaches will explain the progressions that have been taught. There is NO special attire required to participate in our annual spring performance.

**Parent/Child Recreational Class: (Age 1-2)** Parent/Child class brings either mom or dad onto the floor amidst the excitement, making for a special time for parents and kids to be active together. We will work on beginner gymnastics skills such as rolling, cartwheels, balance, and basic body control. Athletes will learn on panel mats, low balance beam, trampoline, tumble track and various other shapes and wedges. We will use parent guided learning to introduce equipment and proper technique as well as modeling how to take turns and stay in line.

**Tumble Tots Recreational Class: (Age 3-4)** follows our recreational classes and is instructor based (not parent led). We recommend this class for young children who can follow basic directions and are eager to learn.

**X-Treme Competition: (All ages, A/B/C split by level)** X-Treme Team is a competitive-dedicated group of young athletes ages 3 and up. Athletes work on specific passes for Tumbling, Trampoline, and Double-Mini and have the opportunity to travel all over Iowa and the United States to compete against other clubs and athletes. Competition offers your children the opportunity to learn hard work, sportsmanship and to build self-confidence. A list of competitions will be provided at the beginning of September along with more specific rules and guidelines to joining team. State competition season usually begins gradually in November and ends with the Iowa State Championships in April. Our host competition in April is the only required competition, all others you are able to choose based on your own personal schedule.

# MAC Dance 2018-2019 Schedule

X	Class Code	Class Name	Start	End	Day/Time	Age/Grade	Instructor	\$/Month
	DComb1M	Combo 1 Ballet/Tap	9/10/2018	5/20/2019	Monday 5:00-6:00	Ages 5-8	Gil	\$45
	DComb2M	Combo 2 Ballet/Tap	9/10/2018	5/20/2019	Monday 6:00-7:30	Taken combo 1 2017/2018	Gil	\$60
	DBegTJWed	Beginner Tap/Jazz	9/5/2018	5/22/2019	Wednesday 5:00-6:00	Ages 9 +	Gil	\$45
	DIntTJWed	Intermediate Tap/Jazz	9/5/2018	5/22/2019	Wednesday 6:00-7:30	Ages 9 +	Gil	\$60
	DadvTeenTJ	Advanced Tap/Jazz	9/5/2018	5/22/2019	Wednesday 6:45-8:15	Ages 9 +	Gil	\$60
	DBegBalR	Beginner Ballet	9/6/2018	5/23/2019	Thursday 5:00-6:00	Ages 9 +	Gil	\$45
	DIntBalR	Intermediate Ballet	9/6/2018	5/23/2019	Thursday 6:00-7:00	Ages 9 +	Gil	\$45
	DAdvBalR	Advanced Ballet	9/6/2018	5/23/2019	Thursday 7:00-8:15	Ages 9 +	Gil	\$50
	DPreSat	Preschool Ballet/Tap/Tumble	9/8/2018	5/18/2019	Saturday 10:30-11:30	Ages 3 & 4	Patsy	\$45